

CHALK TALK

The Official Newsletter of
Sylvania Northview High School Volleyball



LOOK INTO THIS MONTH'S ISSUE:

COVID-19 - 2

August Updates - 2

Spirit Wear - 3

Player Syllabus - 3

Team Meals, Tropical

Smoothie - 3

Parent Volunteers - 4

Fundraisers- 4



NORTHVIEW

VOLLEYBALL

2020 SEASON WELCOME

by Chad Rutkowski, Head Coach

Yesterday marked the start of the 44th year of Northview Volleyball, established in 1977 as a school sponsored sport. In addition, yesterday was the start of my fifth year at the helm of the Northview Volleyball program. We had a wonderful tryout and selected 36 athletes to be a part of our program for the 2020 season. We welcome you and your family to our family.

One thing I am certain of, this year will be one that is filled with constant changes and disruptions due to COVID-19. However, I firmly believe, and our Varsity roster has already been in discussion about this, that we need to take things one day at a time, set goals, but limit the expectations on a day to day basis and simply go with things one day at time. Certainly, we have the minimum goal of a Northern Lake League Championship and a District Championship, along with the stretch goal of an OHSAA State Championship, but we need to control what we can day to day and provide us with the great opportunity to play, to play safely and to keep each other safe. Simply put, if we can do all the little things correct, the big things will happen!

Again, welcome to all of you! I hope you enjoy the season as much as I do. Go Cats! Point Northview!



COVID-19

To assure that we are being as safe as possible, we have implemented the following steps to assure the safety of our coaches, our athletes, and our families. Please note that these are every changing and will continue to be modified as needed:

- Daily temperature and symptoms checks with each athlete upon entry
- Hand sanitizer available throughout the gym and athletic areas.
 - Athletes and coaches must sanitize before and after practice.
 - Sanitizer is available throughout practice and is encouraged to be used as frequent as possible.
- Sanitization of equipment daily after use.
- Locker rooms are off limits until further notice, so athletes must come fully prepared for practice before they enter Northview.
- Masks are worn at all times - upon entry to Northview, during practice when physical exertion is not needed to perform, upon departure by all athletes and coaches.
 - Ample breaks, limited reps between breaks, and access to water is provided and encouraged throughout practice to ensure they are safe.
 - When masks are not worn, athletes should place their mask in a safe space (i.e. near their water bottle).
- Athletes gear should be washed and sanitized daily at home at the conclusion of practice.

We sincerely appreciate everybody's part to stay safe and healthy. If you or your immediate family (someone that resides under the same roof) does happen to come in contact with someone who tests positive for COVID-19, it is the responsible thing to advise your coaches immediately, so that we can be continue to keep everybody safe as we have for the past months while playing volleyball. We ask that everyone do their part to keep the season on a forward trajectory.

Northview Volleyball is built on the following core values: Skill Development, Commitment, Sacrifice, Responsibility, Accountability, Dedication, and Perseverance.

AUGUST UPDATES

As August approaches, there have been some changes to the Northview Volleyball calendar:

- The Google calendar seems to be having a few glitches to it, therefore, it is reflecting some events that have already been deleted from the main calendar yet are still showing up on Google's end. Sorry for any issues this may cause. The main calendar, using the following link, is in complete working order.
 - Please subscribe to the Northview Volleyball calendar online:
 - [Computers and Mobile Devices click here.](#)
 - Please use this link and this link only to view the official calendar for Northview Volleyball.
 - If you are having trouble, please contact Coach Chad at (419) 392-5669 or have your athlete reach out in the Northview Volleyball GroupMe.



SPIRIT WEAR

Thank you all for your timely response to the 2020 Spirit Wear Order! Because of your prompt and thorough responses, we were able to place these orders on Sunday, August 2, 2020. Most of the gear will arrive this week with hopes that we will be able to pack it and provide it to your athlete at practice during the week of August 10th.

As of today, you should have received an E-mail with the total for your particular order. Please reference that E-mail and provide payment by Tuesday, August 4, 2020. Checks can be made out to **Northview Volleyball** and can be delivered to Coach Chad directly.

Once all spirit wear has been handed over to your athlete, there will be a daily uniform for both practice and matches. We will be certain to go over this with each athlete when the time permits and when it is applicable. Attention returning players, you will be expected to be in full practice gear starting Tuesday, August 4, 2020.

PLAYER SYLLABUS

New this year, each player will be given a player syllabus which they will have assignments, some light reading and a podcast to listen to in order to approve their knowledge of the sport of volleyball. We know that, as students, they have other assignments and homework that is priority, but we feel it is very important for the success of our program to spend about 1 hour a week focused on volleyball outside of the gym.

Your athlete will be given this syllabus on Monday, August 3, 2020 at practice and will be expected to complete the homework and assignments for week one by the following Monday. All assignments will be due the Monday after the assigned work.

TEAM MEALS, TROPICAL SMOOTHIE

Thank you Mrs. Catti for coordinating - Individual orders will be taken via E-mail. Please be on the lookout for an E-mail with instructions if you would like to place an order. These orders are taken so that if you would like to have a meal delivered before you get on the bus for an away match, you can have a good meal. Cost of the meal is \$9/meal and you will receive a meal before you get on the bus for away matches. More information to follow about this but please note that this is an optional piece of our program.



*Follow all
accounts with
username -
@NVHSVBALL*



PARENT VOLUNTEERS

We believe that active inclusion of our parent group through various volunteer opportunities for each team (Varsity, Junior Varsity, and Freshman) to help ensure a successful and enjoyable season for all involved. We also believe this commitment will contribute to the culture of our program, so we see your involvement as essential. This organizational structure allows our coaches to focus on coaching and team management. Your expertise and time to help with this is critical to each team's success. The volunteer roles below are guidelines but may not include all team needs. Volunteers will be provided contact information for each family in the program to coordinate their efforts.

- Food Chair (1 per team, 3 individuals)
- Concession Stand Chair (1 per team, 3 individuals)
- Web Information Chair (1 per team, 3 individuals with team Coach assistance)
- Social Chair (1 per team, 3 individuals)his volunteer is part of the coordinating
- Scorekeeper (1 per team, 3 individuals)
- Libero Tracker (1 per team, 3 individuals)

For more information on the expectations of these roles, [please click here](#).

FUNDRAISERS

With the elimination of our Sylvania Rec Volleyball Camp, the limited fundraisers we have this year are important now more than ever. We ask for your help to support these fundraisers and help to promote them to friends and family via social media, etc.

Mark your calendars and help us promote our 2020 fundraisers! All fliers are on our website and social media:

- Wednesday, August 26, 2020 | 4:00 P.M. to 9:00 P.M. | Paddy Jack's, 6725 Central Ave, Toledo, OH 43617 | Dine-in, Carryout or Curbside Pick-up by calling (419) 725-9048.
- Charlie's Ice Cream, Sylvania | More information to follow.



*Follow all
accounts with
username -
@NVHSVBALL*